



Health & Fitness

Swedish Vocab List



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<input checked="" type="checkbox"/> English	Swedish
<input type="checkbox"/> aerobics	aerobics
<input type="checkbox"/> athlete	atlet
<input type="checkbox"/> bodybuilder	kroppsgbyggare
<input type="checkbox"/> cardio	cardio
<input type="checkbox"/> circuit training	kretsutbildning
<input type="checkbox"/> dumbbell	hantel
<input type="checkbox"/> exercise	träning
<input type="checkbox"/> exercise bike	träningsscykel
<input type="checkbox"/> fitness	kondition
<input type="checkbox"/> fitness tracker	fitnessspårare
<input type="checkbox"/> gym	gym
<input type="checkbox"/> health	hälsa
<input type="checkbox"/> health club	hälsoklubb
<input type="checkbox"/> heartbeat	hjärtslag
<input type="checkbox"/> jogging	jogging
<input type="checkbox"/> kettlebell	kettlebell
<input type="checkbox"/> personal trainer	personlig tränare
<input type="checkbox"/> punchbag	slagpåse
<input type="checkbox"/> push-up	armhävning
<input type="checkbox"/> stamina	uthållighet
<input type="checkbox"/> strength	styrka
<input type="checkbox"/> stretch	stretching
<input type="checkbox"/> treadmill	löpband
<input type="checkbox"/> walking	vandring

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<input type="checkbox"/>	warm-up	uppvärmning
<input type="checkbox"/>	weight	vikt
<input type="checkbox"/>	workout	träningsspass
